

# 2024 parkrun Championship (week 45)

1 point per run | 10 points for **COUNTRY** tourist runs \*2 | 15 points for Country Bonus \*3  
 1 point for ODD time \*1 | 5 points for New Year's Day | 5 points for Christmas Day | 10 points for volunteering 5X  
 15 points for 24 **S P E R M** Count, Seconds, Position, Event, Runners, Month \*4 | Monthly Bonus \*5

Runner Name	C	O	U	N	T	R	Y	S	P	E	R	M	CB	NY	SV	CD	Run	Odd	MB	TOT	Week 45 Run
Ian Eccleshall	C	O	U	N	T	R	Y	S	P	E	R	M	12	5	10		45	22	5	124	Rothwell
Anna Hazelton	C	O	U	N	T	R	Y		P	E	R	M	12	5	10		45	27	3	122	Zegerplas (NL)
Zena Whalley	C	O	U	N	T	R	Y		P	E		M	15	5	10		40	24		110	
Ruth Thomas	C	O		N	T		Y	S		E		M	14	5	10		40	21		102	Huddersfield
Steve Whalley	C	O	U	N	T	R	Y			E		M	15	5	10		40	17		100	
Nigel Thomas	C	O		N	T		Y			E	R	M	14	5	10		35	18		94	Huddersfield
Paul Gandy	C	O	U	N	T	R	Y		P	E		M	12	5	10		30	20		92	Bay East Garden (SG)
Julian Saunders	C	O		N	T	R		S	P	E	R	M	5	5			41	20		90	Mansfield
Lorna Robinson	C	O	U	N	T	R	Y			E	R	M	5	5			38	22	3	89	
Graeme Lee	C	O	U	N	T	R	Y		P	E	R	M	9	5			36	15		86	
Martin Bayliss	C	O	U	N	T	R	Y	S	P	E		M	5	5	10		29	17		86	Huddersfield
Angela Currid			U		T		Y	S		E		M	12	5			30	18	8	84	Huddersfield
Chloe Hewlett	C	O	U	N	T	R	Y					M	5	10			32	19		77	Huddersfield
Sharon Whitworth	C	O		N	T	R	Y					M	5	5			43	9	8	77	Old Railway Trail, Llangollen
Zoe Locke	C	O		N	T	R	Y	S	P	E		M	5	10			29	14		74	Belvoir Castle
James Stables	C											M	5				30	15	17	69	
Paul Elliott	C	O		N	T	R		S		E		M					35	19	5	69	Oakwell Hall
Mike Harrison	C	O	U	N	T	R	Y	S	P	E		M	5				31	12		68	York
Allie Lamb	C	O		N	T	R	Y		P	E			5				26	16	8	66	Hillsborough
Mark Cope	C	O		N	T	R	Y		P	E		M	12	5			25	12		66	Stretford
Martin Sturdy						R	Y				R	M	5				30	17		57	York
Seton Waddington	C	O		N	T	R	Y			E		M	5	10			19	13		55	Huddersfield
Josh Elliott		O		N	T				P			M	5				23	18		54	Huddersfield
John Gray	C	O		N	T			S		E	R	M	5				13	8		40	Pontefract
Hannah Andrews	C	O		N		R	Y			E		M	5				18	5		37	
Alice Buttle	C					R		S				M	5				17	9		36	Huddersfield
David Brown	C	O				R		S		E		M	5				9	6		29	Watergrove
Leanne Field				N		R						M	5				11	5	5	29	
Lucinda Roberts												M					15	8		24	
Rebecca Johnstone		O		N		R			P			M	5				9	4		24	
Callum Liburd						R							5				10	5		21	
Matthew Potter													5	5			5	1	5	21	
Briony Bailey				N										5			14			20	
Thomas Whitworth				N	T			S						5			7	5		20	
Kirsty Archer																	12	7		19	
Rachel Clough	C	O								E		M	5				8	1		19	
Pete Dukes								S					5				8	4		18	Hafan Pwllheli
Richard Isaac													5				9	4		18	
Andy Whitworth													5	5			3	1		14	
David Bull					T									5			3	2		11	
Alex Diffley														5			4			9	
Sarah Brewer														5			2	2		9	
Andrew Potter														5			3			8	
Matthew Croughan														5			1			6	
Oliver Clegg																	2	2		4	
Liz Smedley																	2	1		3	

\*1 Red font indicates odd time this week \*2 point per letter or 10 points for all seven letters

\*3 5 points for country 1, 4 points for country 2, 3 points for country 3, 2 points for country 4, 1 point for country 5

\*4 S = finish in 24 Seconds, P = Position ending in 24, E = Event ending in 24, R = Runners ending in 24, M = 24th of the Month  
 1 point for 1st 24, 2 points for 2nd 24, 3 points for 3rd 24, 4 points for 4th 24, 5 points for 5th 24 – any order

\*5 5 points for 1 winner, 4 points for 2-3 winners, 3 points for 4-6 winners, 2 points for 7-10 winners, 1 point for 11-15 winners