



2025 parkrun Championship

Week

3

10 points for WINNERS tourist runs

1 x 5 points for a run in a foreign country

5 point for New Year's Day

5 points for Christmas Day

10 points for volunteering 5X

15 points for "25s" S P E R M Count - Seconds, Position, Event, Runners, Month

GOC: 5 points for 10 runs from the 26 in West Yorks

Position	Runner Name	W	I	N	N	E	R	S	S	P	E	R	M	CB	NY	5V	CD	Run	Even	GOC	TOTAL	Week 3 Run
1	David BROWN		I				R									5		3	2		12	Roundhay
2	Zena WHALLEY															5		3	3		11	Portrush
3	Allie LAMB						R									5		2	2		10	
3	Anna HAZELTON						R									5		3	1		10	Beverley Westwood
3	Zoe LOCKE	W								P						5		2	1		10	
4	Ian ECCLESHALL						R									5		3			9	Roundhay
4	Lorna ROBINSON	W														5		2	1		9	
4	Nigel THOMAS															5		3	1		9	Heaton Park
4	Ruth THOMAS															5		3	1		9	Heaton Park
4	Steve WHALLEY															5		3	1		9	Portrush
5	Julian SAUNDERS															5		2	1		8	
5	Paul Raymond GANDY															5		2	1		8	
6	Chloe HEWLETT	W														5		1			7	
6	Lucinda ROBERTS															5		1	1		7	
7	Kirsty ARCHER															5		1			6	
7	Martin STURDY															5		1			6	
7	Matthew CROUGHAN															5		1			6	
7	Penny DITCHFIELD															5		1			6	
7	Seton WADDINGTON															5		1			6	
8	Hannah ANDREWS	W					R											2	1		5	Roundhay
8	Rachel CLOUGH		I				R											2	1		5	Roundhay
9	Paul ELLIOTT	W																1			2	
10	Oliver CLEGG																	1			1	

*1 Red font indicates even time this week

*2 One point per letter or ten points for all seven letters. The N events must be different

*3 Any non-UK parkrun counts, but only one foreign county this year

*4 S = finish in 25 Seconds, P = Position ending in 25, E = Event ending in 25, R = Runners ending in 25, M = 25th of the Month

1 point for 1st 25, 2 points for 2nd 25, 3 points for 3rd 25, 4 points for 4th 25, 5 points for 5th 25 – any order

*5 There are 26 parkruns in God's Own Country of West Yorkshire, run at 10 different locations for 5 bonus points