2022 Female Road/Trail Championship	Best parkrun	Best Age-Grade parkrun	Best 10K	Best half-marathon	Winter Handicap	MAC Down & Up	MAC MAD	Marsden 10	Summer Handicap	Joe Percy	MAC Up & Down	December Burger Run	TOTAL
Lorna Robinson	18	14		18	16	19							85
	23.59	62.54%		1.51.55	25.21	57.45							
Anna Hazelton	16	13	20		15	18							82
	25.42	59.86%	52.44		28.02	1.05.15							
Sara Lewis			19	20	20	20							79
			1.00.32	1.42.26	22.35	54.15							
Rachel Tomlinson	19	16		19	18								72
	23.38	65.59%		1.50.50	25.17								
Ruth Thomas	15	18				16							49
	25.57	71.68%				1.11.31							
Gilly Markham	13	19			14								46
	27.55	73.73%			29.14								
Alice Buttle	20	17											37
	21.47	69.47%											
Lesley Willis	17	20											37
	25.38	74.64%											
Allie Lamb	12	11			13								36
	29.36	52.36%			33.01								
Zena Whalley	14	15											29
	27.39	64.62%											
Sharon Whitworth	11	12											23
	30.12	56.90%											
Sarah Brewer					19								19
					22.50								
Hannah Andrews						17							17
						1.07.59							
Rebecca Johnstone					17								17
					25.18								

2022 Female Road/Trail Championship Handicap	Best parkrun	Best Age-Grade parkrun	Best 10K	Best half-marathon	Winter Handicap	MAC Down & Up	MAC MAD	Marsden 10	Summer Handicap	Joe Percy	MAC Up & Down	December Burger Run	TOTAL
Lorna Robinson	16	14		19	15	20							84
	20.25	62.54%		1.35.15	35.21	50.15							
Anna Hazelton	13	13	20		14	18							78
	20.34	59.86%	42.11		35.32	52.12							
Sara Lewis			19	18	19	19							75
			57.39	1.37.33	34.04	51.09							
Rachel Tomlinson	18	16		20	17								71
	20.07	65.59%		1.34.20	35.17								
Ruth Thomas	20	18				17							55
	19.05	71.68%				53.59							
Allie Lamb	19	11			20								50
	19.55	51.87%			33.01								
Gilly Markham	15	19			13								47
	20.29	73.73%			36.14								
Alice Buttle	17	17											34
	20.16	69.47%											
Lesley Willis	14	20											34
	20.30	74.64%											
Zena Whalley	12	15											27
	21.09	63.73%											
Sharon Whitworth	11	12											23
	21.34	56.90%											
Sarah Brewer					18								18
					34.50								
Rebecca Johnstone					16								16
					35.18								
Rebecca Johnstone					16								16
					35.18								

2022 Male Road/Trail Championship	Best parkrun	Best Age-Grade parkrun	Best 10K	Best half-marathon	Winter Handicap	MAC Down & Up	MAC MAD	Marsden 10	Summer Handicap	Joe Percy	MAC Up & Down	December Burger Run	TOTAL
Matthew Croaghan	19 20.31	14 70.19%	19 1.01.46	18 1.51.22	16 21.30	12 1.00.20							98
Martin Bayliss	21 19.40	23 84.97%		20 1.36.07		19 51.30							83
Pete Dukes	17 21.12	16 71.31%			18 20.34	20 50.57							71
John Gray	10 22.46	10 65.81%	20 44.57		12 23.22	16 55.40							68
Graeme Lee	18 20.51	19 73.70%			13 22.45	17 53.50							67
Steve Whalley	15 21.52	15 70.88%			15 22.09	18 53.24							63
Andy Whitworth	20 20.13	21 76.01%			19 20.02								60
Thomas Whitworth	23 17.54	17 72.35%			20 18.03								60
Nigel Thomas	9 23.11	13 69.81%			11 24.17	13 58.58							46
Tony Daniels	13 22.19	18 72.52%			14 22.44								45
Dan Greenwood	22 18.36	22 78.67%											44
Paul Elliott	11 22.43	12 68.23%				14 58.27							37
Brian Hutson				19 1.46.29	17 21.01								36
Seton Waddington	12 22.13	8 63.32%				15 57.38							35
Paul Gandy	3 28.10	7 60.65%			9 31.50	9 1.15.51							28
Richard Isaac	4 26.10	4 59.75%			10 30.50	10 1.08.20							28
James Stables	16 21.38	11 66.02%											27
Jeff Taylor	2 30.51	20 73.85%											22
Callum Liburd	14 22.08	3 58.24%											17
Julian Saunders	6 25.20	9 63.29%											15
Steve Randall	7 24.07	6 60.19%											13
Jeff Miller						11 1.04.40							11
Mark Cope	5 25.23	5 60.01%											10
Matthew Potter	8 23.51	2 54.09%											10
Andrew Potter	1 32.56	1 48.66%											2

2022 Male Road/Trail Championship Handicap	Best parkrun	Best Age-Grade parkrun	Best 10K	Best half-marathon	Winter Handicap	MAC Down & Up	MAC MAD	Marsden 10	Summer Handicap	Joe Percy	MAC Up & Down	December Burger Run	TOTAL
Matthew Croaghan	16 18.42	14 70.19%	19 56.17	18 1.41.30	20 33.30	9 54.43							96
Martin Bayliss	23 17.29	23 84.97%		20 1.25.40		18 45.47							84
Graeme Lee	20 18.05	19 73.70%			17 34.15	17 46.42							73
Pete Dukes	12 18.51	16 71.31%			18 34.04	20 45.17							66
John Gray	5 19.17	10 65.81%	20 38.08		14 34.52	16 47.09							65
Steve Whalley	15 18.45	15 70.88%			15 34.39	19 45.46							64
Nigel Thomas	18 18.33	13 69.81%			12 35.47	15 47.10							58
Andy Whitworth	9 18.54	21 76.01%			16 34.32								46
Jeff Taylor	22 17.55	20 73.85%											42
Paul Elliott	14 18.48	12 68.23%				14 48.22							40
Richard Isaac	13 18.50	4 59.75%			10 37.50	13 49.12							40
Dan Greenwood	17 18.36	22 78.67%											39
Brian Hutson				19 1.34.39	19 33.31								38
Thomas Whitworth	8 18.57	17 72.35%			13 35.03								38
Paul Gandy	8 18.57	7 60.65%			9 38.50	10 51.02							34
Tony Daniels	3 19.25	18 72.52%			11 36.14								32
James Stables	19 18.07	11 66.02%											30
Julian Saunders	21 18.01	9 63.29%											30
Seton Waddington	6 19.03	8 63.32%				12 49.24							26
Steve Randall	11 18.53	6 60.19%											17
Mark Cope	11 18.53	5 60.01%											16
Jeff Miller						11 49.32							11
Andrew Potter	4 19.20	1 48.66%											5
Callum Liburd	2 19.26	3 58.24%											5
Matthew Potter	1 19.31	2 54.09%											3