

# 2023 parkrun Championship (week 4)

1 point per run  
1 point for EVEN time\*

10 points for **T O U R I S M** tourist runs\*\*  
5 points for Xmas Day | 15 points for 5 x 23\*\*\*

5 points for New Year's Day  
10 points for volunteering 5X

| Runner Name      | T | O | U | R | I | S | M | Runs | Even | NYD | 23 | CD | 5xV | TOT | Week 4 run             |
|------------------|---|---|---|---|---|---|---|------|------|-----|----|----|-----|-----|------------------------|
| Ian Eccleshall   | T |   |   |   |   |   |   | 4    | 3    | 5   | 3  |    |     | 16  | Wakefield Thornes      |
| Nigel Thomas     | T | O |   |   |   |   |   | 4    | 2    | 5   | 3  |    |     | 16  | Heaton Park            |
| Julian Saunders  | T |   |   |   |   |   | M | 4    | 1    | 5   | 3  |    |     | 15  | Wakefield Thornes      |
| Ruth Thomas      | T | O |   |   |   |   |   | 4    | 1    | 5   | 3  |    |     | 15  | Heaton Park            |
| Anna Hazelton    | T |   |   |   |   |   |   | 4    | 1    | 5   | 3  |    |     | 14  | Wakefield Thornes      |
| Sharon Whitworth | T |   |   | R |   |   | M | 4    | 1    | 5   | 1  |    |     | 14  | Middleton Woods        |
| Steve Whalley    | T |   |   |   |   |   |   | 4    | 3    | 5   | 1  |    |     | 14  | Horton Park            |
| Allie Lamb       | T |   |   |   |   |   |   | 3    | 1    | 5   | 3  |    |     | 13  |                        |
| John Gray        | T |   |   |   |   |   |   | 3    | 1    | 5   | 3  |    |     | 13  |                        |
| Lorna Robinson   | T |   |   |   |   |   |   | 4    | 2    | 5   | 1  |    |     | 13  | Wakefield Thornes      |
| Zena Whalley     | T |   |   |   |   |   |   | 4    | 2    | 5   | 1  |    |     | 13  | Horton Park            |
| Chloe Hewlett    |   |   |   | R |   |   |   | 2    | 2    | 5   |    |    |     | 10  | Rising Sun             |
| Graeme Lee       | T | O | U |   |   |   |   | 3    | 3    |     | 1  |    |     | 10  | University of Stirling |
| Andy Whitworth   |   |   |   |   |   |   |   | 1    | 1    | 5   |    |    |     | 7   |                        |
| Paul Elliott     |   |   |   |   |   |   | S | 3    | 1    |     | 1  |    |     | 6   | Wakefield Thornes      |
| Paul Gandy       |   |   |   |   |   |   |   | 1    |      | 5   |    |    |     | 6   |                        |
| Zoe Locke        |   |   |   |   |   |   |   | 1    |      | 5   |    |    |     | 6   |                        |
| Matthew Croughan | T |   |   |   |   |   |   | 1    | 1    |     | 1  |    |     | 4   |                        |
| James Stables    |   |   |   |   |   |   |   | 2    |      |     |    |    |     | 2   |                        |
| Mark Cope        |   |   |   |   |   |   | S | 1    |      |     |    |    |     | 2   |                        |
| Martin Bayliss   |   |   |   |   |   |   |   | 1    | 1    |     |    |    |     | 2   |                        |
| Martin Sturdy    |   |   |   |   |   |   |   | 1    | 1    |     |    |    |     | 2   |                        |

\* Red font indicates even time this week

\*\* 1 point per letter or 10 points for all seven letters

\*\*\* event ending in 23, finishing in 23 seconds, position ending in 23 or running on the 23<sup>rd</sup>