

2022 Female Road/Trail Championship	Best parkrun	Best Age-Grade parkrun	Best 10K	Best half-marathon	Winter Handicap	MAC Down & Up	MAC MAD	Marsden 10	Summer Handicap	Joe Percy	MAC Up & Down	TOTAL
Sara Lewis			20 45.14	20 1.42.26	20 22.35	20 54.15	20 13.10	20 1.25.06	20 21.27	20 42.05		140
Lorna Robinson	18 23.34	13 63.86%	19 48.44	19 1.48.03	16 25.21	19 57.45	18 14.04	19 1.35.05	19 24.13	19 43.55		132
Anna Hazelton	16 25.17	12 61.31%	17 52.04	17 2.01.10	15 28.02	18 1.05.15	17 14.49	18 1.42.13	17 25.50			120
Rachel Gledhill	19 22.54	15 67.69%	16 52.35	18 1.50.50	18 25.17		19 13.16					105
Allie Lamb	11 29.36	10 52.36%	15 1.02.27	15 2.22.56	13 33.01			16 2.09.13	14 31.36			94
Lesley Willis	17 24.31	20 74.93%	18 52.00				16 14.57					71
Ruth Thomas	14 25.44	18 72.28%				16 1.11.31			16 26.00			64
Gilly Markham	12 27.55	19 73.73%			14 29.14				15 27.49			60
Steph Bailey	15 25.33	16 68.17%						17 1.44.05				48
Zena Whalley	13 27.08	14 65.85%		16 2.04.53								43
Alice Buttle	20 21.47	17 69.47%										37
Rebecca Johnstone					17 25.18				18 24.23			35
Sharon Whitworth	10 30.12	11 56.90%										21
Sarah Brewer					19 22.50							19
Hannah Andrews						17 1.07.59						17

2022 Female Road/Trail Championship Handicap	Best parkrun	Best Age-Grade parkrun	Best 10K	Best half-marathon	Winter Handicap	MAC Down & Up	MAC MAD	Marsden 10	Summer Handicap	Joe Percy	MAC Up & Down	TOTAL
Lorna Robinson	16 20.03	13 63.86%	20 41.29	20 1.31.57	15 35.21	20 49.09	18 11.58	20 1.20.55	19 0.47	20 37.23		137
Sara Lewis			17 43.05	15 1.37.33	19 34.04	19 51.09	17 12.32	19 1.21.03	18 1.03	19 40.05		128
Anna Hazelton	15 20.14	12 61.31%	17 41.39	16 1.36.56	14 35.32	18 52.12	19 11.51	18 1.21.46	20 0.40			123
Allie Lamb	17 19.44	10 52.36%	18 41.38	17 1.35.17	20 33.01			16 1.26.09	15 1.24			113
Rachel Gledhill	19 19.29	15 67.69%	16 44.53	18 1.34.20	17 35.17		20 11.17					105
Lesley Willis	18 19.37	20 74.93%	19 41.36				18 11.58					75
Ruth Thomas	20 19.25	18 72.28%				17 53.59			14 2.30			69
Gilly Markham	12 20.29	19 73.73%			13 36.14				16 1.11			60
Steph Bailey	13 20.26	16 68.17%						17 1.23.16				46
Zena Whalley	12 20.29	14 65.85%		19 1.34.15								45
Rebecca Johnstone					16 35.18				17 1.07			33
Alice Buttle	14 20.16	17 69.47%										31
Sharon Whitworth	10 21.34	11 56.90%										21
Sarah Brewer					18 34.50							18
Hannah Andrews						16 56.09						16

* Summer Handicap - Handicap score based on closest to Jeff's predicted finish time (Anna was 40 seconds outside her predicted time)

2022 Male Road/Trail Championship Handicap	Best parkrun	Best Age-Grade parkrun	Best 10K	Best half-marathon	Winter Handicap	MAC Down & Up	MAC MAD	Marsden 10	Summer Handicap	Joe Percy	MAC Up & Down	TOTAL
Martin Bayliss	25	25	17	19		18		18	20		19	144
	17.29	84.97%	38.36	1.25.40		45.47		1.12.44	0.19		47.35	
Graeme Lee	18	21	16	15	17	17	20	11		18	18	128
	18.05	73.70%	39.06	1.38.27	34.15	46.42	10.33	1.24.12		36.20	47.37	
Pete Dukes	7	17	14	13	18	20	16	19	18			122
	18.51	71.31%	39.40	1.40.27	34.04	45.17	10.59	1.11.18	0.41			
Steve Whalley	14	20	12	20	15	19					20	120
	18.27	72.66%	42.14	1.24.50	34.39	45.46					45.53	
John Gray	9	11	20	14	14	16	11	17	17	20		118
	18.47	67.54%	38.08	1.39.39	34.52	47.09	11.39	1.14.54	0.49	34.40		
Paul Elliott	11	13	10	17		14	14	14	13	18		114
	18.43	68.53%	45.50	1.36.30		48.22	11.10	1.17.29	1.40	36.20		
Brian Hutson			9	18	19		10	15	16	16		103
			49.24	1.34.39	33.31		11.52	1.17.04	1.06	37.00		
Matthew Croaghan	12	16	13	12	20	9	15					97
	18.42	70.19%	40.59	1.41.30	33.30	54.43	11.05					
Nigel Thomas	19	18			12	15	18		14			96
	17.57	71.98%			35.47	47.10	10.53		1.35			
Julian Saunders	24	10	19				19			19		91
	17.36	66.90%	38.12				10.39			35.05		
Seton Waddington	13	9	11			12	18		19			82
	18.28	64.97%	42.41			49.24	10.53		0.26			
Richard Isaac	8	4			10	13	12	16	15			78
	18.50	59.75%			37.50	49.12	11.34	1.17.03	1.19			
Tony Daniels	23	24	18		11							76
	17.43	79.92%	38.29		36.14							
Paul Gandy	4	8	15		9	10	13	12				71
	18.57	61.98%	39.14		38.50	51.02	11.15	1.23.55				
Andy Whitworth	5	22			16							43
	18.54	76.01%			34.32							
Jeff Taylor	20	23										43
	17.52	76.26%										
Thomas Whitworth	4	19			13							36
	18.57	72.35%			35.03							
James Stables	22	12										34
	17.47	67.82%										
Steve Willis	17	15										32
	18.09	69.91%										
Steve Randall	6	5						20				31
	18.53	60.19%						1.09.15				
Robin Stewart	16	14										30
	18.10	69.82%										
Mark Cope	21	6										27
	17.49	64.14%										
Matthew Potter	12	3		11								26
	18.43	56.37%		1.44.12								
Jeff Miller						11		13				24
						49.32		1.18.34				
Callum Liburd	15	7										22
	18.25	61.48%										
Andrew Potter	2	1		16								19
	19.05	48.32%		1.36.42								
Jack									12			12
									2.12			
Martin Sturdy	1	2										3
	20.06	49.30%										

* Summer Handicap - Handicap score based on closest to Jeff's predicted finish time (Martin was 19 seconds outside his predicted time)